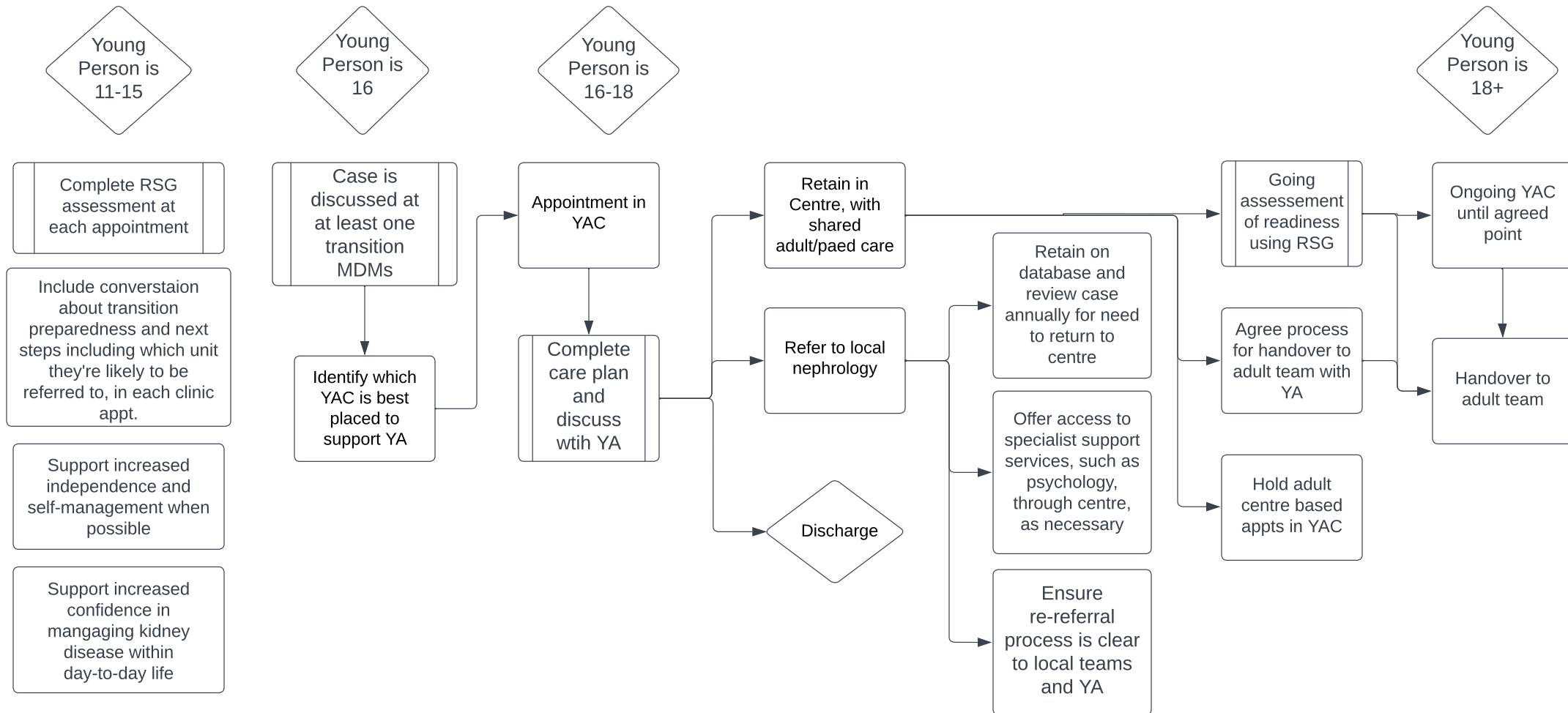


Applicable for all Young Adults,
irrespective of renal modality

Young Adult Pathway



At each appointment check if the young adult has:

- A named clinician (consultant)
- A named youth worker and/or nurse specialist
- A change in (term-time) address which influences treatment centre, time of appointments, or use of on-line appointments. Provide treatment summary document to YA in case urgent care away from home is needed
- Access to peer support- refer to any local programmes which may be helpful
- Attended a dedicated education programme which should include guidance on preparing for appointments
- Any mental health or social support needs. Consider using a screening tool, and make appropriate onward referrals
- Any additional physical health needs, such as dietary support, physical activity advice. Refer to relevant services as indicated.
- Sexual health and contraception needs should be specifically explored